



Trauma Informed Care Workshop

7:45-8:00 am	Registration/Sign-in
8:00-8:30 am	Welcome/Self-reflection Exercise
8:30-9:30 am	Introduction to Trauma Informed Care – Tracey Vogel, MD
9:30-10:15 am	Intimate Partner Violence - Domestic Violence Education Specialist
10:15-10:30 am	Break
10:30-11:45 am	Group case exploration/skills introduction/acute stress response management/introduction to grounding skills
12:00-12:30 PM	Lunch
12:30-1:15 PM	Introduction to communication strategies for all Obstetric providers
1:15-1:30 PM	Break
1:30-3:00 PM	Simulation Stations (4-6 in total)
3:00-3:30 PM	Large Group Debrief: questions, viewpoints, take-away, self-care techniques
3:30 PM	Conclusion/ Evaluation of course

*This is a sample of a full-day training. Any/all parts of this can be tailored to meet the needs of the audience. Education of various types of trauma are included in the narrative exploration sessions and the simulations, in addition to the didactic sessions.